



MARCH 4-8, 2027 • BRILLIANT LADY

YOUR FOUR-NIGHT SEA RESET.

GAY MEN'S YOGA CRUISE • ALL BODIES. ALL LEVELS. ZERO JUDGMENT.

Prepared for

ROUND-TRIP MIAMI • KEY WEST • BIMINI

YOUR LONG WEEKEND AT SEA

BEND. BREATHE. SET SAIL.

Four nights of sun salutations, salt air and absolutely no alarm clocks. We're taking over our own corner of Virgin Voyages' adults-only Brilliant Lady, sailing round-trip from Miami with calls in Key West and Bimini.

A hosted group inside a regular sailing: our crowd when you want it, the whole ship when you don't.



MEET YOUR
CRUISE YOGI

**JEFFREY
ROACH**

An RYT-200 certified Vinyasa teacher, teaching since 2020. Strong flows, a driving soundtrack and zero ego. You'll work hard, laugh at yourself and leave the mat in a better mood than you found it.

YOUR HOME AT SEA

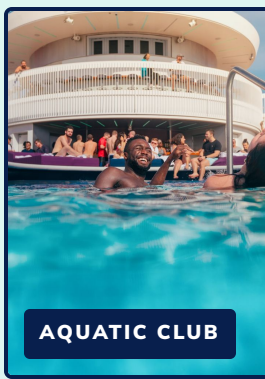
MEET BRILLIANT LADY. STAY AWHILE.



ADULTS ONLY

20+ EATERIES INCLUDED

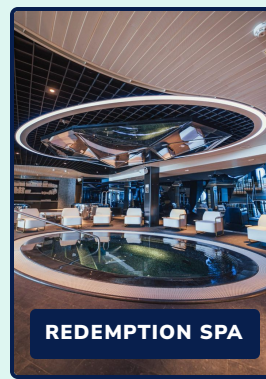
BRILLIANT LADY



AQUATIC CLUB



THE WAKE



REDEMPTION SPA

No buffets or big dining halls • group workouts on the house • ship photography: Virgin Voyages

YOUR ITINERARY

FOUR DAYS. ONE GOOD FLOW.

Round-trip Miami · March 4–8, 2027. A little structure, plenty of room to breathe.

YOUR ROUTE



TERMINAL V · PORTMIAMI

DAY 1 · THU MAR 4

MIAMI

DEPARTS 5:00 PM

- ◆ Embark Brilliant Lady at Terminal V, PortMiami
- ◆ Sail away for Key West and the Beach Club at Bimini
- ◆ Get to Know The Group: Welcome aboard drinks & Group dinner



KEY WEST

DAY 2 · FRI MAR 5

KEY WEST

7:00 AM – 5:00 PM

- ◆ 7:30 AM Sunrise Yoga on deck, free and led by the ship's instructor
- ◆ 9:00 AM Group breakfast in The Galley: no RSVP, come as you are
- ◆ 11:00 AM Nude Yoga Session at the New Orleans House & post-yoga social
- ◆ 1:00 PM Optional: Bites & Beverages at Island House Key West



SEA DAY FLOW

DAY 3 · SAT MAR 6

AT SEA

SEA DAY

- ◆ 7:30 AM Sunrise Yoga on deck
- ◆ 9:00 AM Group breakfast in The Galley: no RSVP, come as you are
- ◆ Jeffrey's Sea Day Yoga Workshop, the signature session of the trip
- ◆ Mrs. Roper Romp Drag Brunch: caftans and muumuus strongly encouraged



THE BEACH CLUB AT BIMINI

DAY 4 · SUN MAR 7

BIMINI BEACH CLUB

9:00 AM – 6:00 PM

- ◆ 9:00 AM Group breakfast in The Galley: no RSVP, come as you are
- ◆ Time TBD: Beach slow-flow yoga led by the ship instructor
- ◆ Beach Party at Bimini Beach Club: two pools & the Float On pool party
- ◆ Bahamian-inspired food included · drinks available to purchase



BRILLIANT LADY

DAY 5 · MON MAR 8

MIAMI

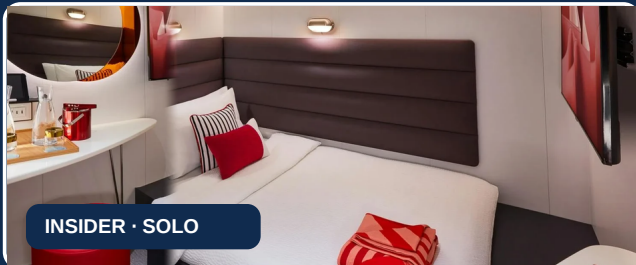
ARRIVES 6:30 AM

- ◆ Sail into Miami early and disembark
- ◆ Leave with new friends, a looser back and plenty of photos for the group chat

PICK YOUR HOME AT SEA.

A cabin for your reset, your rhythm, and your favorite kind of view.

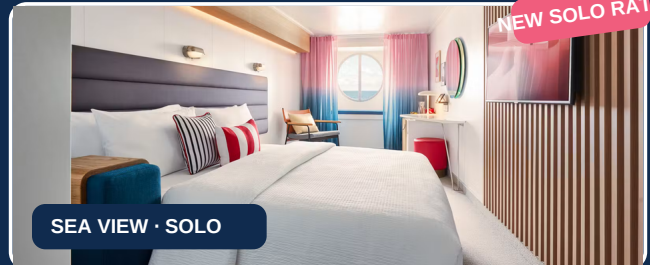
SOLO CABINS · NO ROOMMATE NEEDED



INSIDER · SOLO

Solo Insider
PER ROOM · JUST YOU

\$920



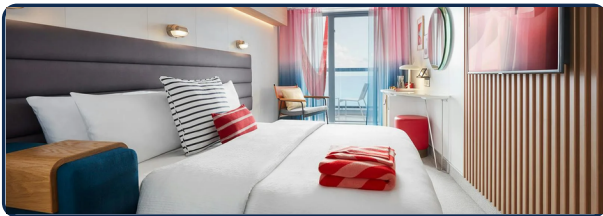
SEA VIEW · SOLO

Solo Sea View
PER ROOM · JUST YOU

\$1,152

TERRACE LIFE. FOR LESS.

FULL CABIN PRICES SHOWN



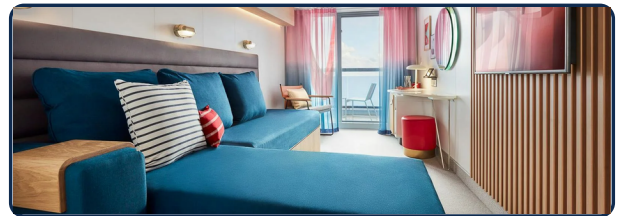
Sea Terrace

FULL ROOM RATE

\$1,590

2 SAILORS · \$795 PER SAILOR

BONUS \$50 IN SAILOR LOOT INCLUDED



Central Sea Terrace

FULL ROOM RATE

\$1,662

2 SAILORS · \$831 PER SAILOR

BONUS \$50 IN SAILOR LOOT INCLUDED

YOUR SEA RESET STARTS HERE

READY TO BOOK?

Ask us for current availability and a confirmed cabin quote. Prices are in USD and subject to availability.

[NAMASTEATSEA.COM](https://namasteatsea.com)

